

Jesus "n" You

Find Him "n" You

The Forgiveness Contract

I, _____,
agree to move forward in life by forgiving all offenses against me. I promise to be truthful to myself and allow the blood of Jesus and His grace to overtake all negative feelings I have toward the person that sinned against me. I will reconcile with the person that hurt me; overlook all the hurts done to me; and I will stop all the negative feelings I have towards the person that wronged me. I promise to allow prayer to play a major part in my healing and compliance process. If I find myself being bitter or angry, I will change that behavior immediately. I know that my success is up to me if I allow Christ to work on my broken heart and by me being obedient to God's Word towards forgiveness. I promise to

allow God to direct my steps and to be my vindicator. I will share this site with the person that sinned against me. If my pain is severe to the point that I may need ministering, I will locate a pastor that I trust to pastor and minister me from my local community.

Signature: _____

Date: _____

The purpose of this contact is to motivate me to change my unforgiving nature. This contract holds me accountable for my own actions to change.